

OUR LADY OF THE ROSARY

CATHOLIC PARISH OF WYOMING

Being Witnesses of Christ in our Neighbourhoods in 2025, The Holy Year of the Jubilee



Pastoral Team		Sunday	Liturgy Roste	ers
Administrator:	Fr. Alex Selvaraj MSFS		Servers	Readers
Parish Secretary:	Mrs Cecilia Cornejo	1,2 Marc	h	
Bookkeeper:	Mr Geoff Marland	5 pm Sat	Alain Corne	B Edwards, M O'Neill
Catechist coordinator:	Mrs Norah Marland	8:00 am	R Harveyson	Jim Power, Irene Alyanak
Office hours:	9am – 3pm, Tues, Wed, Fri	9:30 am	George Osteni	Helen Shiju, Michael Carter
Weekend Masses:	Saturday Vigil 5pm	5:00 pm	Florence Nicolas	Kathy Kennedy
	Sunday 8am, 9:30am, 5pm			, ,
Syro-Malabar Rite Holy Mass:	2nd and 4th Sunday at 7 pm	Children's Liturgy 9:30 AM: Young Adults Choir		
Weekday Masses:	Tuesday 8:30am, Wednesday 8:30am	8, 9 March		
	Thursday 9am, Friday 9am	5 pm Sat	Alain Corne	B Edwards, June Napier
Anointing Mass:	First Friday of the month 9am	8:00 am	M Andrews	G Clydesdale, C Karibika
Adoration:	Every Friday 9:30am	9:30 am	George Osteni	? , Jack Moss
Reconciliation:	Fri 9:30 -10am, Sat 4:30 - 5pm	5:00 pm	Kathy Kennedy	Lydia Reynen
Rosary:	Tue, Wed 9am - Thu, Fri 9:30am	Children's	Liturgy 9:30 AM:	Ceal Hawkins, Lucy Cartner

Today's Readings & Responses			
Entrance Antiphon	The Lord became my protector. He brought me out to a place of freedom; he saved me because he delighted in me.		
First Reading	Sirach 27:4-7 Do not praise someone before they have spoken.		
Responsorial Psalm	(R.) Lord, it is good to give thanks to you.		
Second Reading	1 Corinthians 15:54-58 Victory has been given to us through Jesus Christ.		
Gospel Acclamation	Alleluia, alleluia! Shine on the world like bright stars; you are offering it the word of life. Alleluia!		
Gospel	Luke 6:39-45 A person speaks from what is in his heart.		
Communion Antiphon	I will sing to the Lord who has been bountiful with me, sing psalms to the name of the Lord Most High.		

Pope's Prayer Intentions for March

For Families In Crisis

(02) 43243962

Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences. Click here to watch the Pope's video!

1st Week 3 - 8 Mar: Liturgy team Church Cleaning:

2nd Week 10 -15 Mar: Syro Malabar

Flower arranging: M Staite, M Andrews, M Koroi



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Important I	Dates
2 March	Catechist Sunday & Morning Tea
5 March	Ash Wednesday
4 - 7 March	Office running at limited capacity
8 - 9 March	Jubilee of the World of Volunteering

Our Safeguarding Commitment

The Catholic Diocese of Broken Bay (Our Lady of the Rosary – Wyoming Parish) is committed to the care, wellbeing and protection of children, young people, and vulnerable adults. If you wish to learn more about our safeguarding commitment please visit our website.

Ash Wednesday | 5 March 2025

Our Parish will offer three Masses with the imposition of Ashes: **8:30 AM, 12:00 PM** School Mass but open to Parishioners too, & **7:00 PM**.



Lenten Program 2025 | A Promise of Hope

The 2025 Lenten Program will soon be available in the Parish! Designed for both individual and group use, this resource focuses on the Sunday Lenten Readings, with reflections written by none other than our very own Fr. Alex—what a blessing to have him with us!

Fr. Alex will also lead a Lenten reflection group every **Tuesday at 9:00 AM in the Chapel**. Everyone is warmly invited to join.

Stations of the Cross

During the Fridays of Lent we'll come together to pray and meditate the Stations of the Cross, retracing the steps of Jesus' Passion and the significant events that happened along the way. Every Friday 6:30 PM followed by Mass at 7 PM from 7 March (In addition to 9:00 AM Mass).

Should we fast and abstain from meat on Ash Wednesday? The short answer is – yes.

On Ash Wednesday and Good Friday, abstinence from meat is to be observed by those who are 14 or above. Those who are aged between 18 and 60 are to fast on these days.

On all other Fridays of the year, particularly during Lent, the law of the common practice of penance is fulfilled by performing any one of the following:

- 1. *Prayer* -for example, Mass attendance; family prayer; a visit to a church or chapel; reading the Bible; making the Stations of the Cross; praying the Rosary; or in other ways;
- Self-denial for example, not eating meat; not eating sweets or deserts; giving up entertainment to spend time with the family; limiting food and drink so as to give to the poor in one's own country and elsewhere; limiting screen time on social media; or in other ways;
- 3. *Helping others* -for example, special attention to someone who is poor, sick, elderly, lonely or overburdened or feeling isolated from our Church community; or in other ways.

Each of the faithful is obliged to receive Holy Communion at least once a year. This is done between Ash Wednesday and Trinity Sunday (15 June 2025).

All the faithful who have reached the age of discretion (7) are obliged to confess their grave sins at least once a year.

Ash Wednesday Reflection

by Fr Michael Tate

Star Dust

Billions of years ago the universe was erupted into existence. God created a tremendous burst of energy and matter, a fantastic fireball, light and energy, a starburst of immense potential.

And now, billions of years later, we are the descendants of that starburst. We are star-dust, but very special, very beautiful stardust, loved by God into existence, sustained in existence by God's love.

However, if nothing else happened, our bodies, our stardust bodies, would share the apparent fate of the universe. Scientists tell us that the stars, including our sun, will all run out of energy and lack all life. In something of the same way, our bodies will collapse at the end of our earthly lives into inert dust.

Ash Wednesday reminds us of the possibility of this fate. When I put the ashes on your forehead I will say: 'Remember that thou art dust and unto dust thou shalt return', and I will mark those ashes in the sign of the Cross, the Cross which appeared to signal the extinction of life. But, you will recall that Jesus' death on the cross was only the start of a fantastic three days, which finished with his victory over death. His body was transfigured by divine energy like a new sunburst, a new starburst, a new creation, we call 'the Resurrection'.

This is also our destiny desired by the Loving God. Our bodies are to become lively stardust again.

Join Us for Our First Fruits Offering!

We invite you to take part in our **First Fruits Offering**—a special opportunity to support our Parish through regular giving. This program helps ease the financial burden on our Parish, allowing us to continue our mission and serve our community.

Rite of Election | Sunday 9 March

The Rite of Election will take place at Our Lady of the Rosary Cathedral on the First Sunday of Lent, March 9, 2025. This year, our Parish community joyfully welcomes **Rani Walsh** and **Melissa Sonder**, along with their children, into our Church family. We invite you to join us in celebrating and supporting them on this special night!

World Day of Prayer 2025

Join us for the **World Day of Prayer** on **Friday, 7 March 2025**, at 10:30 AM at Gosford Anglican Church – Christ Church (3 Mann St, Gosford). Following the service, we invite you to stay for morning tea. If you're able, please bring a plate to share.

These Brothers and Sisters Need Our Prayers:

Good Health: Terry Duggan, Maru Duarte, Cristina Cabestany, Lawrence Alejaga.

Anniversaries: Elyse & Barry Hammond, Louis Karibika, Leigh Adams.

Recently Deceased: Grant Haswell, Tony Gerometa, Wayne Lewis, Ernie Wilson, Carmencita Gadatsch, Shirley Griffiths, Nick Bernabei.

For the repose of souls of: Don Hallett, George Vojkovic, Erich Behm, Frank & Joan Coppa, Gaudencio & Diosada Narciso, Rafael & Lourdes Con-ui, Jon & Rolly Perez, Grace Regay, Carlos & Salud Con-ui, Angelita Ave Santillana, Mamerto & Eufrosina Alejaga, Janet Coats.